# **Tache Pharmacy**

400 Tache Ave, Winnipeg, MB (Across from St. Boniface Hospital) Phone: 204-233-3469 Dr's Line: 204-233-8004 Fax: 204-231-1739 Email: <u>tache@mts.net</u>

# All Purpose Nipple Cream/Ointment

# What is All Purpose Nipple Cream/Ointment used for?

All Purpose Nipple Cream/Ointment combines an antibiotic with an antifungal and an anti-inflammatory agent, and can be used to treat sore nipples during breastfeeding. Sore nipples are not a normal part of breastfeeding and causes of sore nipples include, but are not limited to, mechanical trauma, bacterial infections and mastitis, candidiasis or yeast infections, dermatitis and other skin conditions, and vasospasm.

## How should I use this medication?

All Purpose Nipple Cream/Ointment is for external use only. It is usually applied sparingly after each feeding. The nipple should appear shiny, but there should be no visible amount of cream/ointment on the nipple. The cream/ointment generally does not have to be wiped off before the next nursing. It is commonly used until the nipples are pain free and then gradually reduce applications over a week.

This product is not meant to be used for long periods of time as some of the anti-inflammatory agents may result in excess levels to the infant.

# What if I miss a dose?

Apply the missed dose as soon as possible, but do not use if it is nearly time for your next dose.

## What side effects may I notice from using All Purpose Nipple Cream/Ointment?

Side effects are very uncommon with the use of this medication. Side effects that may occur will likely occur in the beginning of therapy when the skin is damaged and there is a greater chance of the medication being absorbed into the blood. These can include:

- Headache
- Dizziness
- Itching or soreness
- Dry skin, irritation, or burning
- Redness

A very serious allergic reaction to this drug is rare. However, seek immediate medical attention if you notice any symptoms of a serious allergic reaction, including: rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing.

## **Precautions**

- Avoid eye contact
- Wash your hands before and after each application

## **Storage**

• Store in at room temperature, away from extremes of heat or moisture