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QUICK START INSTRUCTIONS FOR USING YOUR VACURECT SYSTEM

YOUR VACURECT IS ALREADY ASSEMBLED, LUBRICATED AND READY TO USE – $\underline{DO\ NOT\ DISASSEMBLE}$ THE UNIT

STEP 1: PLACE THE LARGEST TENSION SYSTEM ON THE END OF THE CYLINDER – LIKE PLACING THE LID ON A COFFEE CUP

STEP 2: APPLY A SMALL AMOUNT OF LUBRICANT TO THE HEAD AND SHAFT OF THE PENIS

STEP 3: WHILE STANDING UP, REST THE HEAD OF THE FLACCID PENIS ON THE OPENING OF THE TENSION SYSTEM

STEP 4: USING FULL, SLOW STROKES PUMP THE SYSTEM 2-3 TIMES AND PAUSE FOR APPROXIMATELY 10 SECONDS. REPEAT THIS PROCESS UNTIL YOU HAVE CREATED A FULL ERECTION

STEP 5: REMOVE THE CYLINDER BY LIGHTLY TOUCHING THE SIDE OF THE TENSION SYSTEM TO BREAK THE SEAL AND RELEASE THE VACUUM PRESSURE

*PLEASE REFER TO THE USER'S GUIDE INCLUDED IN YOUR SYSTEM FOR MORE DETAILED INSTRUCTIONS ON USE AND CARE OF YOUR VACURECT SYSTEM

SHOULD YOU ENCOUNTER ANY ISSUES WHILE USING THE VACURECT, A TEAM OF QUALIFIED TECHNICIANS ARE READY AND WILLING TO PROVIDE ASSISTANCE IF REQUIRED. A TOLL-FREE HELP LINE IS AVAILABLE TO YOU: 1.877.266.7699

WE DEVELOPED THE SYSTEM TO BE EASY TO USE AND LAST BUT NOT LEAST HAVE FUN WITH YOUR VACURECT!



OTC CUSTOM $^{\text{TM}}$ MODEL 1002 DELUXE - USER'S GUIDE

IMPORTANT - For best results, read this manual prior to use.

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SYSTEM DESCRIPTION. The OTC (OVER-THE-COUNTER) CUSTOMTM Model 1002 Deluxe is a Vacuum Erection Device (VED) intended for use by men experiencing difficulty in achieving and/or maintaining an erection suitable for intercourse. The OTC CUSTOMTM Deluxe system consists of:

- Vacuum Cylinder (1)
- Tension Systems (10)
- Four oz. Bottle of Personal Lubricant (1)
- Four oz. Bottle of Strawberry Lubricant (1)
- User's Guide (1)
- Two oz. Bottle of Service Oil (1)
- Travel Bag (1)

The OTC CUSTOMTM is a light-weight easy to use device comprised of two major components. The components are the Vacuum Cylinder and the Tension System. The tension system is applied to the base of the vacuum cylinder. The user applies a small amount of personal lubricant to the head

and shaft of the penis. After lubricating, the user rests the tip of the non-erect or flaccid penis on the opening of the tension system and moves the sleeve up and down creating a vacuum or negative pressure. The negative pressure draws the penis through the tension system into the cylinder, filling the penis with venous blood. After creating the erection, the user removes the cylinder after releasing the vacuum pressure by pressing down on the tension system. This action breaks the vacuum pressure and allows the user to remove the cylinder. The tension system is left in place at the base of the penis, capturing the blood in the penis and maintaining the erection. After sexual activity, the tension system is removed allowing the blood to return into the body. After removal of the tension system, the penis returns to the non-erect or flaccid state.

PRECAUTIONS. If you suffer from any of the following conditions, you should consult your physician before use.

- Curvature or pain associated with the erection (Peyronie's Disease)
- Prolonged erections (Priapism)
- Sickle Cell Anemia
- Decreased sensation or pain in the area of the penis
- Abnormal blood clotting

Although rare, the most common irritation cause by a VED is minor discomfort and/or bruising of the penis or scrotum. These normally disappear within a few days. The VED is designed not to exceed the safe preset limitations recommended by the Federal Drug Administration. If any complications occur during use, immediately discontinue use and consult your physician.

DOS AND DO NOTS.

- <u>DO NOT</u> Over Pump Take Your Time.
- **DO NOT** Use When Under The Influence Of Alcohol or Drugs.
- DO NOT Leave the tension system on for longer than 30 minutes.
- DO NOT Fall asleep with the tension system on
- DO NOT Use the tension system as birth control or contraceptive.
- <u>DO NOT</u> Scratch or damage surface of device as it may decrease pump efficiency.
- **DO NOT** Use silicone oil or petroleum based lubricants on the tension system as it will cause permanent damage to the tension system.
- DO NOT Push the cylinder toward the base of the penis.
- **<u>DO</u>** Use pure silicone oil only (no sprays) during periodic maintenance to ensure pump efficiency.
- **DO** Use only a water soluble lubricant on the penis.
- **DQ** Allow 60 minutes between uses of a tension system.
- <u>DO</u> Clean system after each use You do not have to take the system apart.

DQ Store in a dry, dark place.

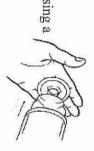
designed to allow you to see how the system works and become accustomed to using it. If you are not familiar with using a vacuum erection device, the tension system may feel unusual for the first few times. This is normal. If time permits, use the system twice a day as an exercise. These exercises will increase blood flow, strengthen the blood vessels, and create healthier tissue within the penis – resulting in firmer, more rigid erections. For the first 5 – 7 days, practice using the largest tension system (L). Practicing allows you to achieve a much better erection before you attempt sexual activity. Do not move down in tension system size until you can create a full erection with the largest size (L).

During the practice session, you will use the OTC CUSTOMTM to create an erection. Each time you achieve an erection, maintain the erection by leaving the OTC CUSTOMTM in place for at least 1 to 2 minutes. After the time has elapsed, remove the cylinder and the tension system, allowing the erection to subside.

Remember – take your time in "creating your erection" during these sessions for the best results.

INSTRUCTIONS FOR USE (Practice & Sexual Activity). Creating an effective erection with the OTC CUSTOMTM is as simple as steps 1 through 5.

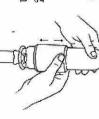
STEP 1. Attach the tension system onto the cylinder by means of a light squeeze (like pressing a / lid on to a cup).



STEP 2. Apply a small amount of personal lubricant to the head and shaft of the penis.

STEP 3. While standing, rest the head of the penis on the opening of the tension system.

STEP 4. Move the sleeve up and down allowing the penis to be drawn through the tension system and into the cylinder.



STEP 5. After creating the erection, press the edge of the tension system with one finger to release the pressure in the cylinder. Leave the tension

system at the base of the penis to maintain the erection.

NOTE

If using a condom, obtain the erection and then apply the condom.

DO NOT Leave the tension system on for longer than 30 to 45 minutes. Once the tension system is removed, allow 60 minutes between uses of the tension system.

STEP 6. When removing the tension system after intercourse, first grasp the side of the tension system with your thumb and fore finger and pull the tension system away from the shaft of the penis while holding the shaft of the penis with your other hand. As you pull the tension system to the side squeeze the shaft of the penis which will force the blood back into the body. Once you have enough blood out of the penis hold the skin of the penis behind the tension system with one hand while pulling the tension system towards the head of the penis with the other hand. This will prevent the skin from bunching up. You may need to apply a small amount of lubricant to the head and shaft of the penis to slide the tension system off the penis. Please remember that removal of the tension system from the penis will take time like creating the erection takes time.

ADDITIONAL TIPS - USING THE OTC CUSTOM^{FM}. By practicing, employing patience, and adhering to the helpful tips, the OTC CUSTOM^{FM} will become an efficient and effective tool.

Tip #1. When using personal lubricant, it is most effective to apply a light coat to the head and shaft of the penis.

Tip #2. Ensure there is no personal lubricant between the lip of the cylinder and the tension system or the tension system may not stay on the lip of the cylinder.

Tip #3. When pumping the system, it is advisable to pump 2 or 3 times and pause for 10 to 15 seconds. Continue to repeat this process and you will create a firm erection without feeling excessive pressure building inside the cylinder or the penis.

Tip #4. When you begin pumping the system, let the penis draw through the tension ring, **DO NOT** push the cylinder toward the base of the penis. Hold the cylinder away from the body and allow the vacuum to draw the penis entirely through the tension system and into the cylinder.

achieve a full erection inside the cylinder you will want to try several tension systems to determine which tension system best maintains your erection. The correct size is based on personal comfort and maintaining a satisfactory erection for sexual activity. The tension systems are individually marked with a number to help identify the size. The numbers get larger as the size decreases.

Begin with the largest tension system size (L) working your way down to the tension system that is effective in maintaining the erection and most comfortable. Always use the least constrictive tension system that will maintain a satisfactory erection.

TROUBLESHOOTING. Most of the operating issues identified below are resolved as the user becomes more adept at using the device. However, should any of these issues persist; you should contact our Customer Support Toll-Free: 1-877-266-7699 for a better explanation. Should you experience abnormal discomfort, excessive bruising or bleeding, discontinue use of the device and consult your physician.

Air leak caused by poor the palm of your seal. OR There is a loop in the oversized o- ring. Cylinder is too close to the groin. Air leak Press the system to the palm of your hand. Pump the sleeve at least 10 times to verify operation. Cylinder is too your hand. Cylinder is too away from the groin while pumping.	ISSUE	LIKELY	REMEDY	COMMENTS
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Discomfort when pulling in foreskin.	Pulling in of the scrotum skin	Rapid loss of erection once the cylinder is removed.		
Insufficient lubricant or too much foreskin.	Too large tension system or too much hubricant on the tension system or penis.	Too large tension system.	Not waiting long enough between pumping strokes.	Not enough pumping strokes.
Lubricate the penis and the foreskin if necessary.	Use the next size down tension ring. Make sure excessive lubricant is not on the scrotum skin.	Use the next size smaller tension system.	Wait longer after pumping – usually 10 – 15 seconds.	Reattach the cylinder to the tension system and pump until desired results.
Once the penis starts to be drawn into the cylinder, remove the cylinder pulling the foreskin through the tension system; replace the cylinder on the penis and the tension	Wipe the excess lubricant from the scrotum with a dry washcloth.	None.	Once accustomed to unit your erection should be created within one to five minutes.	Pump in sets of 2-3 strokes until desired results.

Penis pivots on the base.	Redness, irritation, and/or bruising.	Discomfort of penis during intercourse.	Penis feels cold to partner.
The penis is rigid from the tension system to the tip – which is two-thirds of the penis length. The other one-third is in the	Insufficient lubrication, over pumping, not used to a tension system being placed on the base of the penis.	Insufficient lubrication of partner.	Reduction of warm blood circulation.
To decrease this sensation make sure the tension system is placed as far back on the penis as possible.	Use more lubrication and pump slowly.	Use a water soluble lubricant for sexual activity.	Use a warm washcloth to warm the penis prior to sexual intercourse and/or you can use K-Y Warming Lubricants.
This is not a crucial factor to satisfactory intercourse.	Once you become accustomed to the tension system these issues will disappear.	Lubricate the penis and vagina as necessary.	Usually a decrease of penile temperature of one (1) degree occurs. In some females the vagina is so sensitive they may feel this decrease – most do not.

CLEANING INSTRUCTIONS – OTC CUSTOMTM <u>DO NOT</u> DISASSEMBLE THE CYLINDER. <u>DO NOT</u> submerge the cylinder into water or fill the cylinder with water as this will remove the silicone oil from the O-rings.

STEP 1. Clean the outside of the cylinder by wiping off any excess lubricant and/or oil using a soft cloth and hot water.

STEP 2. Thoroughly wipe the inside of the OTC CUSTOMTM unit with a bottle brush or a soft cloth dampened with hot water. The use of hot water helps dissipate any lubricant residue left from the creation of the erection.

CIE

If your OTC CUSTOMTM requires a more intensive cleaning, you can use a mild soap. **DO NOT** use a cleanser with harsh detergents (e.g. dish soap) as this will remove the silicone lubricant from the internal rubber seals.

STEP 3. Using a clean, dry, and soft cloth, completely dry the inside and outside of the OTC CUSTOM TM .

STEP 4. Store the OTC CUSTOMTM system in your storage case.

CLEANING INSTRUCTIONS – TENSION SYSTEM.

STEP 1. Rinse the Tension System with hot water to remove any lubricant.

STEP 2. Towel dry the Tension System completely and store in your storage case.

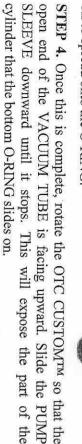
PERIODIC OILING INSTRUCTIONS. Periodic oiling of the assembled OTC CUSTOMTM should be accomplished as deemed necessary. The OTC CUSTOMTM is pre-lubricated. **DO NOT** disassemble the OTC CUSTOMTM for oiling.

STEP 1. Holding the system with open end facing downward, slide the PUMP SLEEVE down towards the open end of the VACUUM CYLINDER until it stops.

STEP 2. Tilt the OTC CUSTOMTM to a 45 degree angle and apply 2 to 3 drops of the silicone oil onto one of the "ribs or ridges" of the VACUUM CYLINDER. The oil will slide down the "rib or ridge" to the O-RING.

Rib/Ridge

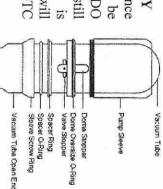
STEP 3. Move the PUMP SLEEVE up and down while turning it back and forth. This causes the oil to spread onto the O-RING.



STEP 5. Holding the VACUUM TUBE and the PUMP SLEEVE in place apply two to three drops of the silicone oil onto the exposed part of the cylinder.

STEP 6. Move the PUMP SLEEVE back and forth three to four times. Your OTC CUSTOMTM is now ready for normal use.

INSTRUCTIONS. In-depth maintenance on the OTC CUSTOMTM can be accomplished as deemed necessary. DO NOT take the unit apart if the system still creates vacuum. Disassembly is straightforward, thus, these instructions will depict oiling and assembly of the OTC CUSTOMTM components.



STEP 1. Verify all components are available for assembly. The components include vacuum cylinder, pump sleeve, dome stopper, valve stopper, sleeve screw ring, spacer, and O-rings.





STEP 2. Place the valve stopper (piece with ears) on the peg located on the back of the vacuum cylinder as shown.

STEP 3. Place the dome stopper on the groove ridge as shown.



STEP 4. Ensure the dome and valve stoppers are in place as shown.



STEP 5. Apply silicone oil to the oversized (thinner) and sleeve (thicker) O-rings.





STEP 6. Place oversized (thinner) O-ring (oiled) in the groove between the valve & dome stopper as shown.

STEP 7. Pinch the excess amount of O-ring and place in narrow gap towards the dome stopper. NOTE: Excess amount is placed towards top (closed end) of the cylinder.

(System is now turned the other way)





STEP 8. Slide the threaded end of the sleeve over the top (closed end) of the cylinder, down over the dome stopper, oversized O-ring and valve stopper.

STEP 9. At this point, verify the assembly looks as shown.





STEP 10. Push the outer sleeve down to the dome stopper.

STEP 11. Using a flexible material, (handle of any plastic silverware or a drinking straw) push the loop of the oversized O-ring out until it flattens while at the same time turning the outer sleeve slightly until it slips in place.





STEP 12. Verify the oversized O-ring slips in to place and looks as shown. Notice the loop has been flattened out.

STEP 13. Place the "spacer ring" so that it fits down in and flush with the pump sleeve.





STEP 14. Slide the black sleeve (thicker) O-ring (oiled) onto the main cylinder behind the spacer ring.

STEP 15. Place the sleeve screw ring on the cylinder and hand tighten. NOTE: Do not over tighten.



STEP 16. Congratulations! You have completed the oiling and assembly of your device.

NOTE

If you encounter problems or have questions on the oiling and/or assembly, please contact Customer Support at 1-877-266-7699.

CUSTOMER SUPPORT. A Customer Support Representative is available Monday through Friday 9:00 AM to 5:00 PM Eastern, with the exception of holidays. Should an emergency exist and one of our representatives are not available, our answering service will record your contact information, your emergency and contact one of our Customer Support Representatives who will return your call as quickly as possible. All other requests will be processed on the next business day. Toll-Free contact numbers are: 1-877-266-7699 or 1-866-692-6676. Website http://www.bonro.com or Email info@bonro.com Address: 205 New Petersburg Dr. Ste. B Martinez, GA 30907

ORDERING PARTS AND EXPENDABLES. All expendables and parts may be ordered using the order form included in your kit or by telephone. Should additional information be required or questions arise, please contact our Customer Support, Toll-Free: 1-877-266-7699.

WARRANTY. The OTC CUSTOM™ Deluxe Cylinder is warranted against manufacturer defects, materials, and workmanship for your lifetime. This lifetime warranty is not transferable. Should a warranty issue or concern exist, contact a BONRO Medical Customer Support representative.

This product was purchased through an authorized retailer. Please refer to their specific refund/exchange policy.



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